



What is the Alpha Course?

The **Alpha Course** is open to everyone interested in discovering what Christianity is about. It is a course about the basics of the

[Christian faith](#) and an opportunity to explore the meaning of life.

The **Alpha Course** is run across the world by all major Christian denominations in churches, homes, workplaces, prisons, universities and a wide variety of other locations. Over 15 million people worldwide have attended an **Alpha Course**.

Check out Bear Gryll's story and other testimonials about Alpha at: <http://www.alpha.org.au/>

The **Alpha Course** is organised as a series of sessions over 8 weeks, with a day or weekend away which includes three or four of the talks.

Each session starts with a meal, followed by a talk and then discussion in small groups with supper provided.

The talks aim to cover the basic beliefs of the Christian faith including:

- Who is [Jesus](#) ?
- Why did Jesus die?
- How can we have faith?
- Why and how do I pray?
- Why and how should I read the Bible?
- How does God guide us?

- Who is the Holy Spirit?
- What does the Holy Spirit do?
- How can I be filled with the Holy Spirit?
- How can I resist evil?
- Why and how should I tell others?
- Does God heal today?
- What about the church?
- How can I make the most of the rest of my Life

Discussion groups provide a friendly, trusting environment allowing opportunities to raise tricky questions, debate issues raised in the talks and to make new friends.

Attendees are issued with The **Alpha Course** Manual, which contains an outline of each talk and space for making notes.

If you would like to go on the course, bring a friend or help in any capacity please call [the office](#)

There is no longer any introductory dinner - but the course will start on the following Wednesday night, 1st Aug.

Please call [the office](#) to register.